

# The Reverie Harp

## Playing Suggestions

#### Just play.

Seriously. Put this paper down and go play your harp for 5 minutes. See how easy that was? Many people have a very loud inner voice that is trying to tell them they can't play an instrument. Nothing will still that voice faster than just playing.

#### Strum and Pluck.

Strum all the strings at once and while the strings are still ringing, pluck a series of single notes at random. Notice how all the strings sounding from the first strum provide a nice foundation for the individual notes. Experiment with this idea.

#### Explore Rhythm.

Pluck strings at random until you stumble upon a rhythmic pattern that you like. Pay more attention to the rhythm than the notes you are playing remembering that any note will sound OK. Notice if the rhythm wants to change over time. Let it change. Just be with the rhythm and follow wherever it goes.

#### Explore Melody.

Sit quietly and pluck strings randomly until you hear a phrase or combination of notes that sounds like a pleasing melody. Try to repeat what you just played. See how the melody wants to be and how you respond to it. See how it changes over time. Maybe you change it on purpose or maybe you hit a "wrong note" but feel like the "wrong note" is better...

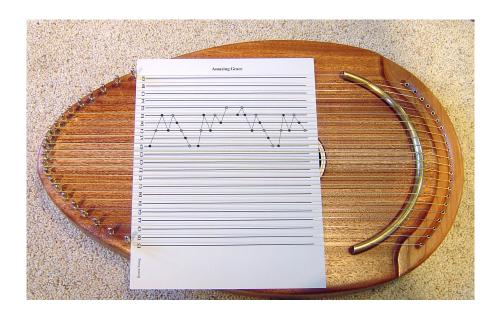
#### Mix it up.

Combine any of these ideas together. Find a melody and then change the rhythm. Find a rhythm and then change the melody. Add a full strum into a melody or rhythm.

#### Use a Songsheet.

If you want to play a familar melody on the Reverie Harp you can use some of the included songsheets. See our directions for Using Songsheets on the other side of this sheet.

## Using Songsheets

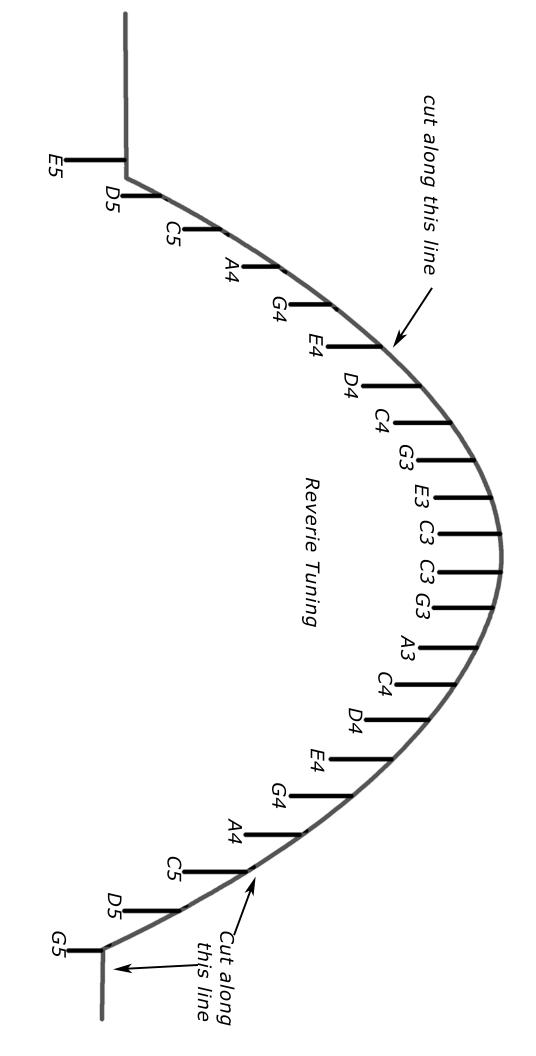


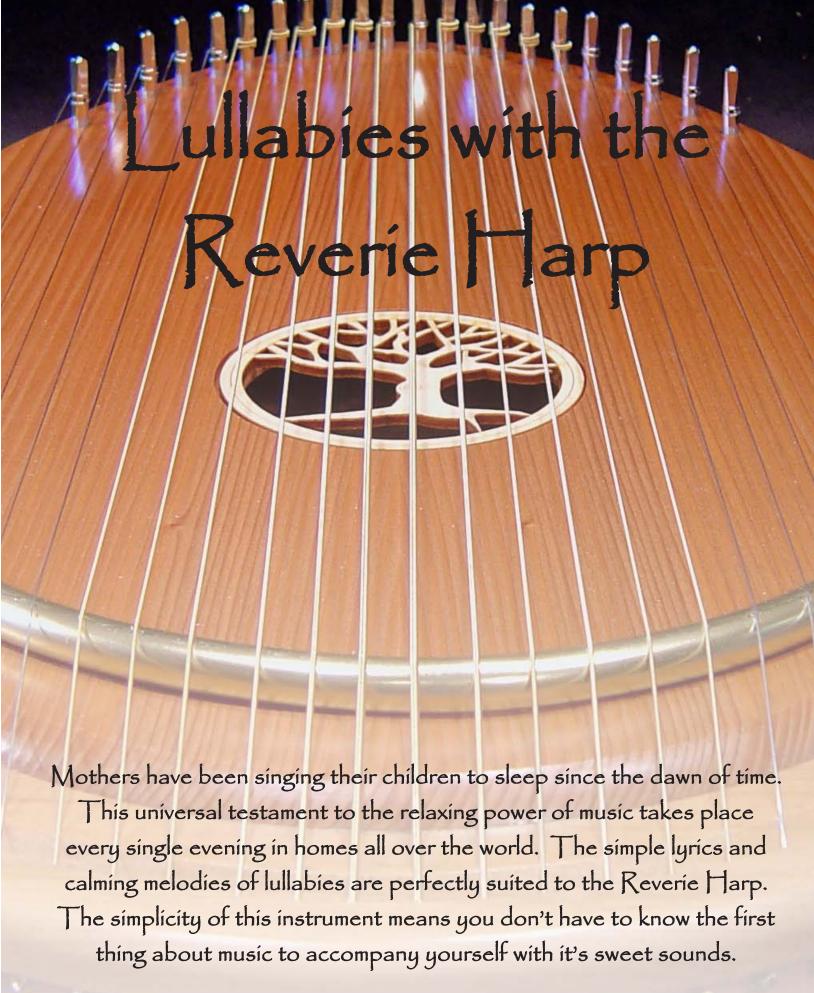
- 1. Take note of which tuning is shown on the sheet, and make sure your harp is tuned the same.
- 2. Slide the song sheet under the strings with the note names nearest the tuning pins, as shown.
- 3. Carefully line up the notes on the paper with the correct strings on the instrument.
- 4. If you use these song sheets with patients in a hospital, you should have them laminated with a plastic coating so you can easily clean them with sanitizing wipes between patients.

HINT: You might want to mark where the paper contacts one or both of the tuning pins on each side of the instrument. Then you can use a scissors and/or paper punch to make a "locator hole" in the paper to help hold the page in place.



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# Using the Reverie Harp During Pregnancy



While still in the womb the developing baby can experience both the sound and feel of music. Play the Reverie Harp softly for the unborn child by holding it gently on your stomach. Pluck strings slowly with your thumb or finger to make soft, gentle sounds.

Try to determine if the baby stirs or quiets when you do this. Test it when the baby is active to see if the music calms it down. Test it when the baby is quiet to see if it stirs when the music is played.

If you have other children, get them involved quietly with your music, letting them play something softly for the baby. Keep these times very special and quiet, perhaps just before bedtime.

Keep a journal of any notable observations. How does the music affect the baby? How does it affect you as a pregnant woman? How does this activity affect the family dynamics?

# Using the Reverie Harp in the Hospital

Take the Reverie Harp with you to the birthing room. Use it to calm yourself and the baby during labor. Encourage your husband to play for you during labor and delivery.

After delivery, encourage the nursing staff to use the harp when the baby is under their care.

Use the Reverie Harp to connect with premature babies that may be in an incubator.





# Singing with the Reverie Harp

There is an old saying that the Human Voice is the only musical instrument made by God. Nothing is as soothing to a young child as the sound of a parent's voice singing a lullaby.

Using the Reverie Harp to accompany yourself singing a lullaby is amazingly simple even for the complete non-musician. With no wrong notes and only 2 "chords", you will be playing along with confidence in no time.

If a child is sung to while still in the womb, singing the same song to the new born baby will provide comfort and familiarity.

Encourage older children to join you in singing. Having music in the home impacts the development of a "musical ear" in children. Take note of your child's interest in listening to music, the ability to sing along in tune, and the interest in learning to play a musical instrument.



We have included several lullabies in the following section that work well with the Reverie Harp. Begin by tuning the Reverie Harp to the Lullaby Tuning. This tuning lends itself to singing quite well. You will notice that this tuning produces 2 unique "chords"; one on either half of the instrument.

We use a very simple notation to help you accompany yourself with the Reverie Harp. Above the lyrics you will find an L or an R. If you see an L you would strum or pluck the strings on the Left side of the instrument (as you look at the instrument). Conversely - if you see an R you would strum or pluck the strings on the Right side of the instrument.



# Song Selections

### TENDER SHEPHERD

L R L R

Tender Shepherd, tender Shepherd

L R L R

Watches over all His sheep

 $\mathbb{Z}$  R

One, say your prayers and

 $\mathbb{Z}$  R

Two, close your eyes and

R L R

Three safe and happily fall asleep.

### SEEK YE FIRST

L

Seek ye first the kingdom of God

R L R

And His righteousness.

L

And all these things will be added unto you

R L R L

A - le - lu, a - le - lu - ia.

### **BRAHM'S LULLABY**

L

Lullaby and good night, with roses bedight

R

With lillies over spread, is baby's wee bed.

R L R L

Lay thee down now and rest, may thy slumbers be blest,

R L R L

Lay thee down now and rest, may thy slumbers be blest.



#### ALL THROUGH THE NIGHT

L R

. 41. . ...: ~1.4

Sleep my child and peace attend thee, all through the night

Guardian angels God will send thee, all through the night R

Soft the drowsy hours are creeping

L

Hill and dale in slumber sleeping

I my longing vigil keeping, all through the night.

#### DOWN IN THE VALLEY

L R

Down in the valley, valley so low

L

Hang your head over, hear the wind blow.

R

Hear the wind blow, dear, hear the wind blow;

L

Hang your head over, hear the wind blow.

L

Roses love sunshine, violets love dew;

L

Angels in heaven know I love you.

R

Know I love you, dear, know I love you;

L

Angels in heaven know I love you.



### **HUSH LITTLE BABY**

Hush little baby, don't say a word,

L

Mamma's going to buy you a mocking bird.

R

If that mocking bird won't sing

L

Mamma's going to buy you a diamond ring.

R

If that diamond ring turns brass,

L

Mamma's going to buy you a looking glass.

R

If that looking glass gets broke,

L

Mamma's going to buy you a billy goat.

R

If that billy goat won't pull,

L

Mamma's going to buy you a cart and bull.

R

And if that cart and bull turn over,

L

Mamma's going to buy you a dog named Rover.

R

And if that dog named Rover won't bark,

L

Mamma's going to buy you a horse and cart.

R

And if that horse and cart fall down,

L

You'll still be the sweetest baby in town.



### RIDDLE SONG

L R L
I gave my love a cherry that had no stone
R L R
I gave my love a chicken that had no bone
L R
I gave my love a story that had no end,
L R L
I gave my love a baby with no cryin'.

L R L

How can there be a cherry that has no stone?
R L R

How can there be a chicken that has no bone?
L R

How can there be a story that has no end?
L R L

How can there be a baby with no cryin'?

L R L
A cherry when it's blooming, it has no stone.
R L R
A chicken when its pippin', it has no bone.
L R
A story of "I love you", it has no end.
L R L
A baby when it's sleeping, has no cryin'.



### **AMAZING GRACE**

L

Amazing grace, how sweet the sound

R

That saved a wretch like me;

L

L

I once was lost but now am found;

R L

R

Was blind but now I see.

## DANNY BOY

L

Oh Danny Boy, the pipes, the pipes are calling

F

From glen to glen and down the mountain side

L R

The summer's gone and all the roses falling,

R I

Tis you, 'tis you must go and I must 'bide.

R L

R

But come ye back when summer's in the meadow,

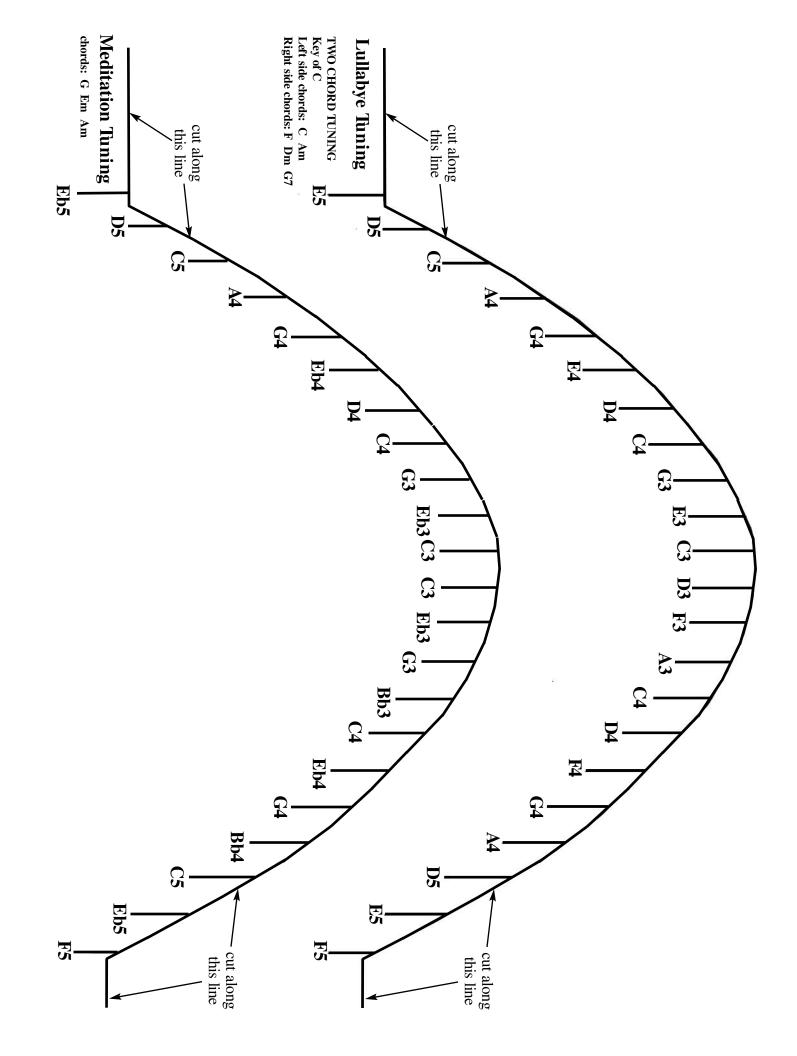
Or when the valley's hushed and white with snow

I R I

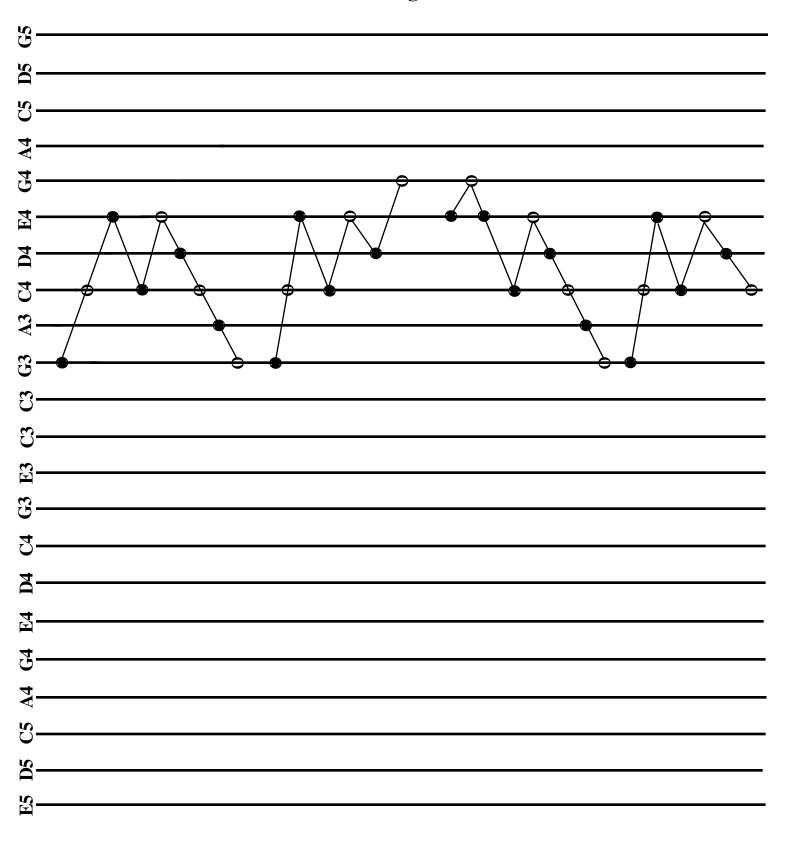
Tis I'll be here in sunshine or in shadow,

R L

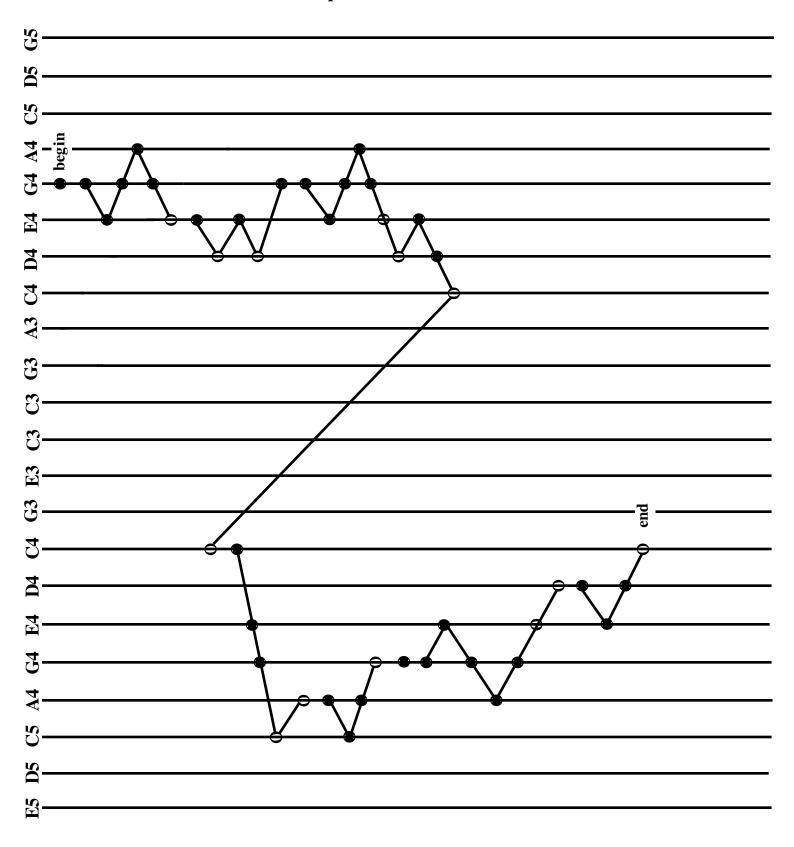
Oh Danny Boy, oh Danny Boy I love you so.



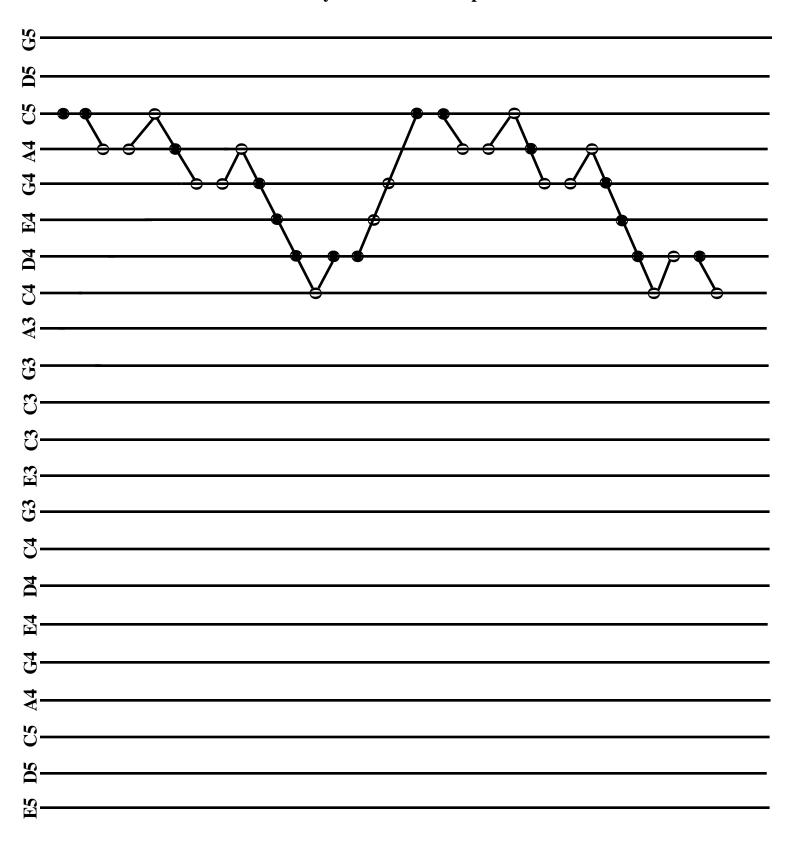
## **Amazing Grace**



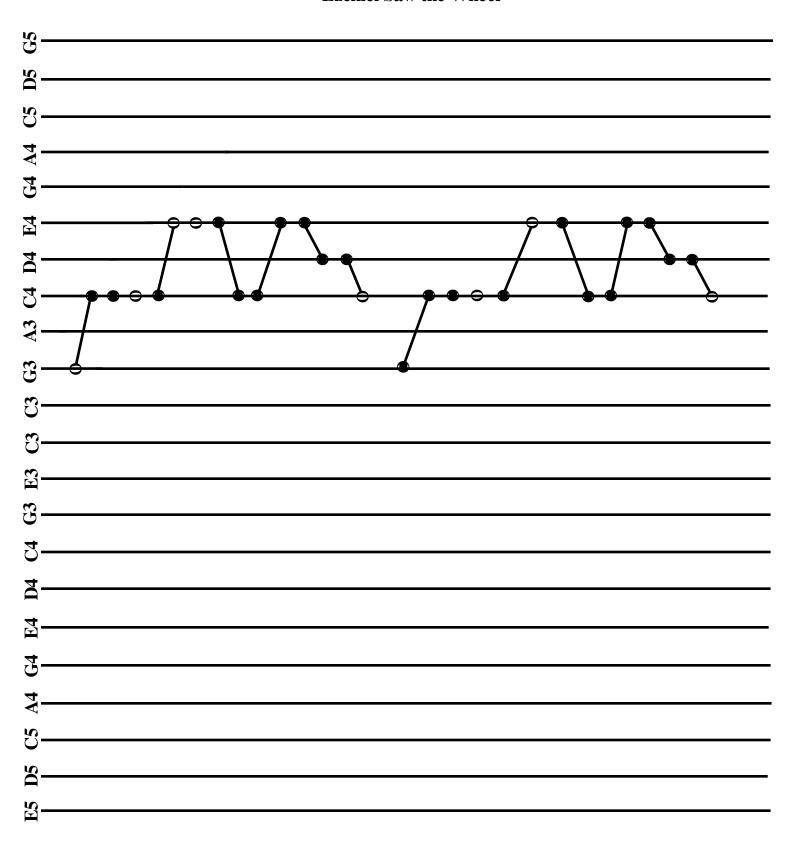
## **Camptown Races**



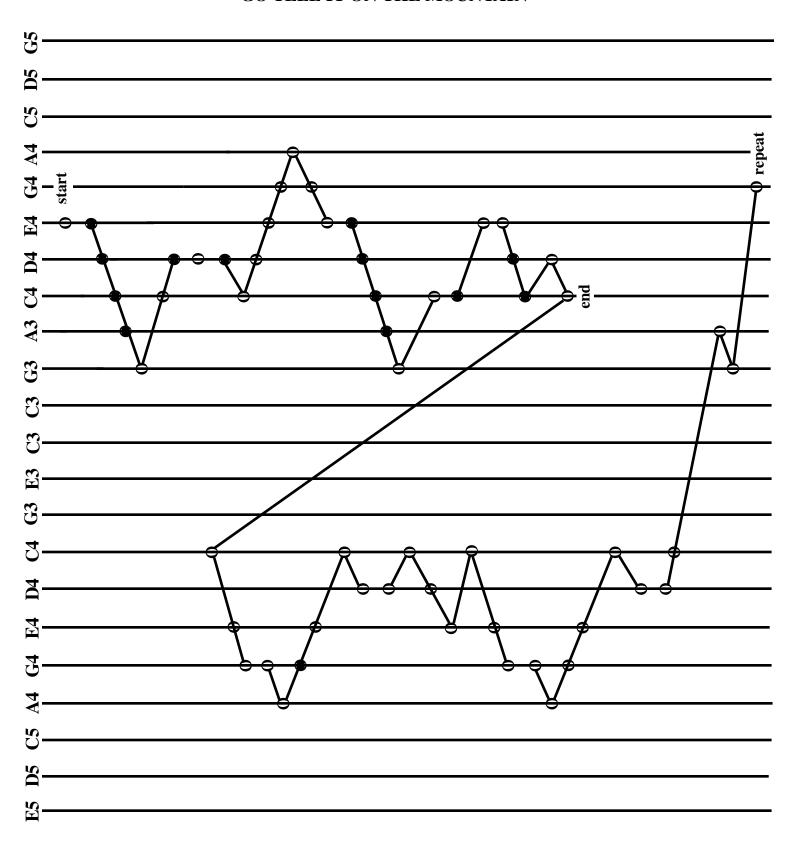
## **Every Time I Feel the Spirit**



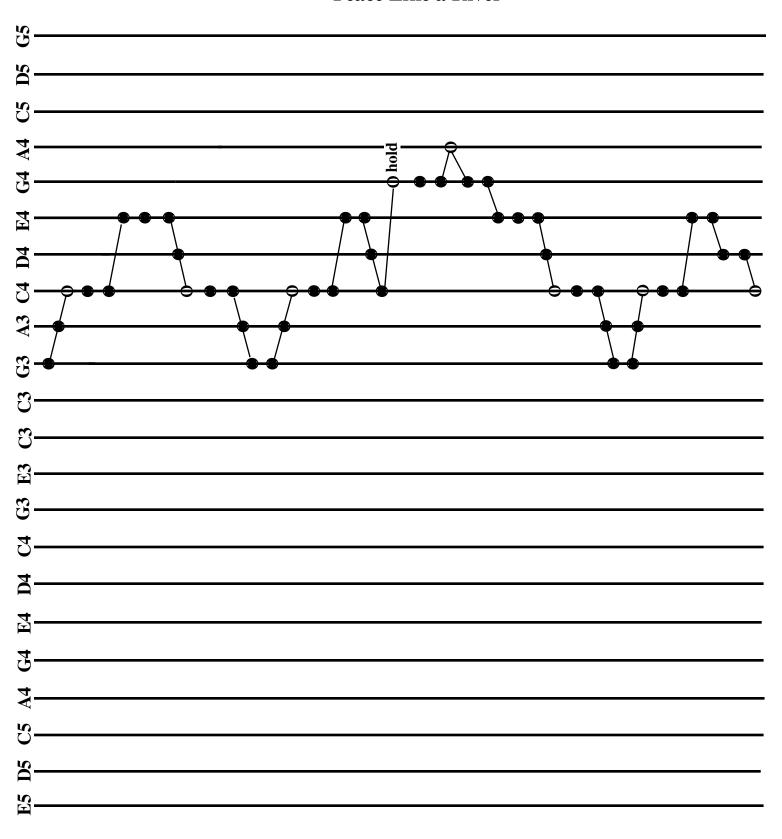
### **Ezekiel Saw the Wheel**



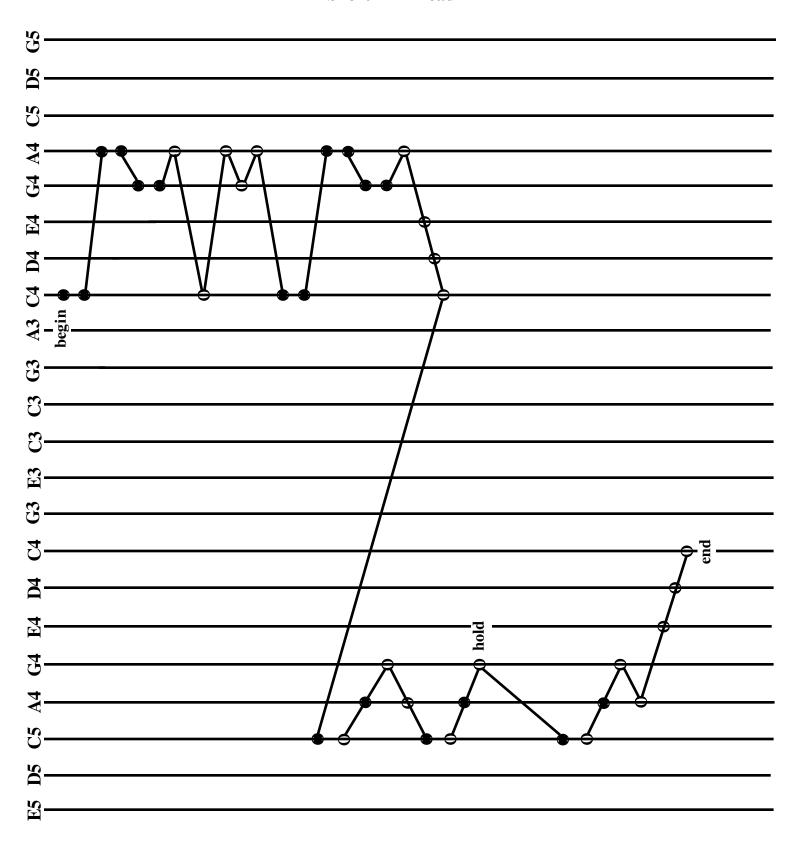
## GO TELL IT ON THE MOUNTAIN



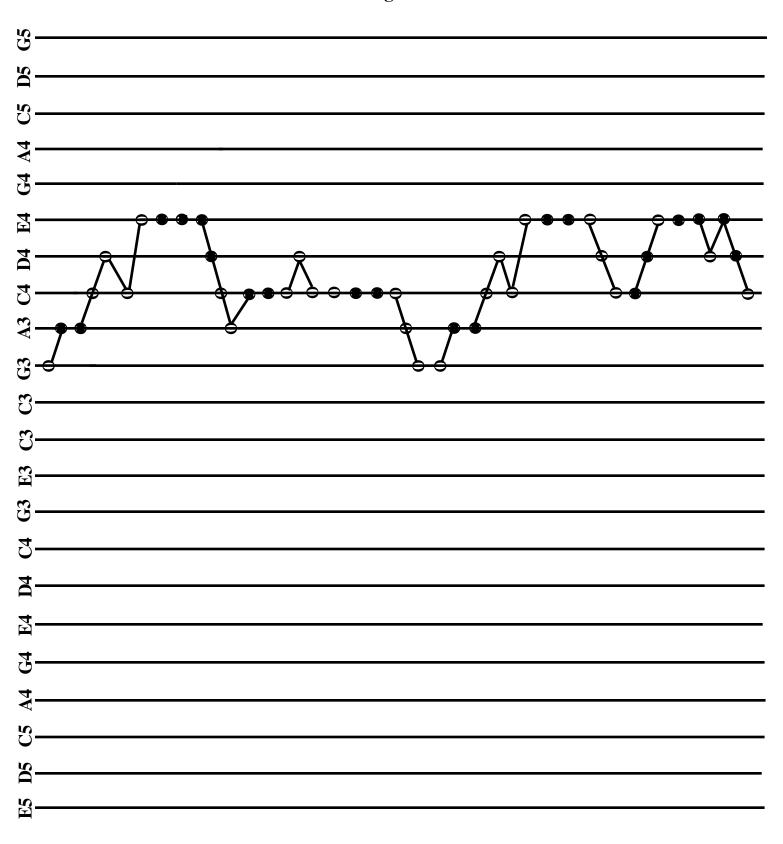
### Peace Like a River



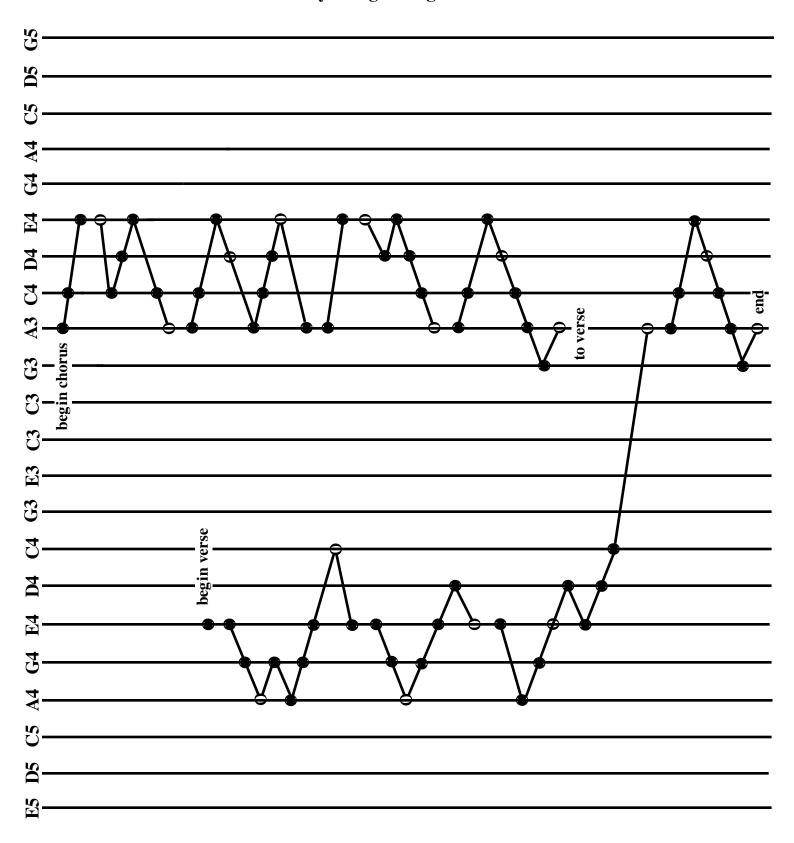
## **Shortnin' Bread**



## This Little Light of Mine



# Wayfaring Stranger



TO.	
S	
<b>D</b> 2	
Ü	
<b>A4</b>	
<b>A</b>	
<b>D</b> 4	
2	
_	
A3	
<b>G3</b>	
Ü	
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<b>E3</b>	
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<b>G</b> 4	
<b>A</b> 4	
$C_{5}$	
D5 (	
E5	

Copy this blank sheet for writing out other melodies

#### Musicmakers

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